

Meditation and reflection have been a part of the Christian tradition since ancient times.

In these times of stress and pressure, people are rediscovering that when we take time out to reflect, centre ourselves and seek the sacred, then we find God can renew our spirits and refresh our humanity.

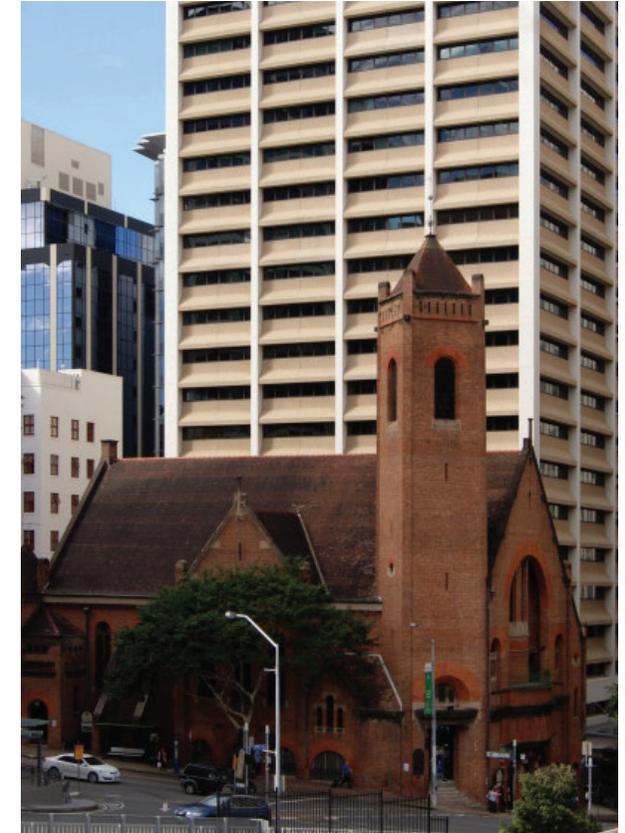
The Apostle Paul said to the people in Athens, in reference to God, that God made the entire human race and made the earth hospitable, with plenty of time and space for living so we could seek after God, and not just grope around in the dark but actually find God. God doesn't play hide-and-seek with us. God is not remote; God is near.

As you use our lovely old church and its symbols, may you find your spirit renewed, refreshed and strengthened for your journey.



Saint Andrew's Uniting Church

Corner Creek and Ann Streets, Brisbane



Saint Andrew's also has:

- Sunday Worship: 8 am Communion & 9:30 am Service
- Car parking facilities opposite the church (Sundays 9:30 am service)
- Empower Service 12:30 pm: 2nd Wednesday of the month
- A welcoming and friendly atmosphere
- First-class choral music
- Weddings, Baptisms and Funerals
- Home Study Group opportunities
- Spiritual awareness and growth
- A centrally situated church, close to public transport

For more information, please contact the Church Office  
Monday to Thursday 9 am – 2 pm  
PO Box 10020, Brisbane Adelaide Street Qld 4000  
Corner Creek and Ann Streets, Brisbane  
Phone (07) 3221 2400  
E-mail: [saintandrews@saintandrews.org.au](mailto:saintandrews@saintandrews.org.au)  
Web: [www.saintandrews.org.au](http://www.saintandrews.org.au)

## Prayer

God of all ages  
grant to us a recognition  
of your presence in every  
part of our lives.

Help us never to be  
too busy to know your  
Holy Presence.

Amen.

## Guided meditation

## 1. Entrance

As you enter the church pause and prepare yourself. Reflect on the best image of God that you have and seek peace in this holy space. Jesus said “Come to me all you who are weary and are carrying heavy burdens and I will give you rest”. As you move around take time to reflect upon the symbols and the inspiration they offer.

## 2. Pipe organ

Contemplate the beauty and grandeur of the organ pipes and how throughout all ages men and women have praised God’s goodness, mystery and love through the beauty of music, singing and dance. Give thanks to God for human creativity which manifests itself in music.

## 3. Side windows

Embodied in the windows down each side of the church are many of ‘the Greats of History’. These men and women became great because they were obedient to God’s call upon their lives. Is there something which God is calling you to do?

## 4. Lectern

From here God’s word is read and preached, but the preaching of the word needs to be lived out in our daily lives. Jesus spoke of God’s love — Jesus lived out that love in his encounters with all people.

## 5. Merrington Peace Chapel

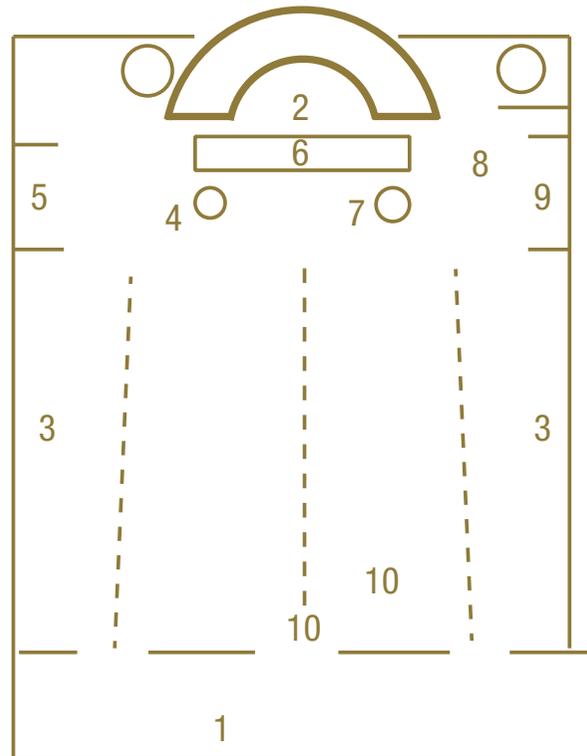
While this area honours those who fought in the Great War and Rev’d Dr Merrington’s chaplaincy, it has been called the Peace Chapel, reminding us of the constant need for us to pray for world peace. Peace is freely given by God to individuals and nations. Pray for peace in your life and throughout the world.

## 6. Communion table

Christ’s gift to the world was the offering of his life. Bread and wine are the signs of God’s love in Christ. We partake in this sacrament, not because we are worthy, but through God’s love for all humanity. God invites all to share in Christ’s love. Christ is present in the bread and wine.

## 7. Baptismal font

Since the early days of Christianity, the church has seen baptism as a rite where we die to the old and rise to the new. Reflect for a moment on those things that you would like made new in your life and your relationship with God.



## 8. Centenary quilt

While this magnificent building has assisted many people to find God, Christianity teaches that the body of Christ is made up of people who seek to follow Christ. People are not all the same; people give expression to their faith in a variety of ways; all of us are at different points of our faith journeys. This quilt was made by the people of the congregation during the Centenary Year 2005. The different squares remind us that our unity is in Christ and not in all being the same. The body of Christ grows as men and women do the work of Christ and recognise Christ as the head of that body.

## 9. Rees Thomas Chapel

As well as honouring the late Rev’d Tom Rees Thomas, this area also contains records of the Royal Flying Doctor Service begun by the late Rt Rev’d Dr John Flynn. Both men were keen advocates for social justice. God calls us to have faith and also to live that faith out in our daily lives.

## 10. Great windows

Turn around and look at the great windows. The highly decorative and complex windows portray the life of Christ, from his birth through to the cross, resurrection and ascension. These events remind us of God’s unconditional love which has been expressed in the gift of Jesus Christ. Christ’s example of love and compassion still inspires many people throughout the world.